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STUDIES

- 2002: Bachelor of Arts in History and Archaeology, Department of History and Archeology, National and Kapodistrian University of Athens (NTUA).
- 2007: MSc in Byzantine History, Department of History and Archaeology, National and Kapodistrian University of Athens.
- 2014: Ph.D. in Byzantine History, Department of History and Archaeology, National and Kapodistrian University of Athens, financed by the Irakleitos II – Operational Program “Education and Lifelong Learning” of the National Strategic Reference Framework (NSRF).

PROFESSIONAL ACTIVITY

- 2006–2017: Scientific Associate, Laboratory of Historical Research and Documentation, NTUA.
- 2015–2017: Postdoctoral Researcher, Project *Natura Byzantina* (IHR/NHRF).
- 2016–2018: Adjunct Lecturer, University of Thessaly.
- 2017–2019: Adjunct Teaching Staff, Hellenic Open University.
- 2017–2025: Scientific Associate, Projects of digitization of cultural reserve (archival and philological documents).
- 2018–2020: Postdoctoral Researcher, Project: "Apollonis: National Infrastructure for Digital Humanities Arts and Sciences and for Linguistic Research and Innovation", NTUA.
- 2018: External Associate, Section of Byzantine Research, IHR/NHRF.
- 2019: Postdoctoral Researcher, Project "Anavathmis – Development of historical research: studies and digital applications," IHR/NHRF.
- 2019–2020: Adjunct Lecturer, University of Patras.
- 2025-present: Associate Researcher, Section of Byzantine Research, IHR/NHRF.

RESEARCH INTERESTS

- Member of the Project "Environmental History".
- Coordinator of the Project "Natural environment and agricultural production in the southern Greek area (12th-15th centuries)".
- Coordinator of the Project "Digital portal Natura Byzantina: Aspects of the natural environment during the late Byzantine era (13th-15th centuries)".

RESEARCH AND OTHER ACADEMIC ACTIVITIES

PARTICIPATION IN RESEARCH PROJECTS (SELECTION)

- 2018–2020: Postdoctoral Researcher in the project "Σχεδιασμός και Οργάνωση Ψηφιακής Πύλης για την Ιστορία του Περιβάλλοντος στον Ελληνικό Χώρο" [*Design and Organization of a Digital Portal for the Environmental History of the Greece*], under the Project: *APOLLONIS: National Infrastructure for Digital Humanities and Language Research and Innovation* Program, National and Kapodistrian University of Athens (NKUA).
- 2019: Research Associate in the project *Anavathmis – Domesticated and Wild Fauna in Byzantium 7th–14th centuries*, Institute of Historical Research / National Hellenic Research Foundation (IHR/NHRF).
- 2018: Associate in the project "Εκπαιδευτικό υλικό για τη διδασκαλία της Ιστορίας και του Πολιτισμού του Βυζαντίου σε σχολεία της Πολιτείας της Νέας Υόρκης και των Ηνωμένων Πολιτειών Αμερικής" [*Educational Material for the Teaching of Byzantine History and Culture in Schools of the State of New York and the United States of America*], IHR/NHRF, in collaboration with the Hellenic Link, Inc.

TEACHING EXPERIENCE

- 2019–2020: Adjunct Lecturer, Department of Educational Sciences and Social Work, University of Patras (NSRF 2014–2020 Program: Acquisition of Academic Teaching Experience for Early Career PhD Holders).
- 2017–2019: Member of the Adjunct Teaching Staff at the Hellenic Open University.
- 2017–2018: Adjunct Lecturer, Department of History, Archaeology and Social Anthropology, University of Thessaly (as a University Fellow).
- 2016–2017: Adjunct Lecturer, Department of History, Archaeology and Social Anthropology, University of Thessaly (NSRF 2014–2020 Program: Acquisition of Academic Teaching Experience for Early Career PhD Holders).

OTHER ACADEMIC ACTIVITIES

- 2023–2024: Research Associate in the project *Archive of Historical Documents of the Philatelic and Postal Museum of Greece*.
- 2017–2018: Research Associate in the project *Athos Digital Ark*.
- 2011–2017: Research Associate in the project *Notes on Greek Manuscripts*, Laboratory of Historical Research and Documentation, Department of History and Archaeology, NKUA.
- 2006–2017: Research Associate in the project *Digitization of the Spyridon Lampros Archive*, Laboratory of Historical Research and Documentation, Department of History and Archaeology, NKUA.

MAIN PUBLICATIONS

- *The Natural Environment in the Late Byzantine Correspondence*, vols 2, Palgrave Macmillan 2025.
- «Χαλκοῦς γὰρ ὁ καθ' ἡμᾶς οὐτός οὐρανός, ἡ δὲ γῆ σιδηρᾶ. Φυσικὸ περιβάλλον και φυσικά φαινόμενα στην Αθήνα στα τέλη του 12ου αιώνα», in: M. Gerolymatou (ed.), *Αθήνα και Θήβα στη μέση βυζαντινὴ περίοδο*, IHR/NHRF (under publication 2026).
- (in collaboration with Taxiarchis Kolias), «Πόλεμος και περιβάλλον στο Βυζάντιο: η πορεία της έρευνας», in: K. G. Tsiknakis (ed.), *Ο πόλεμος εκτός μάχης: Η προετοιμασία και οι συνέπειες των πολέμων από την Τέταρτη Σταυροφορία έως τον Κρητικό Πόλεμο*, Athens, IHR/NHRF (under publication 2026).
- (in collaboration with Maria Leontsini and Alexander Liarmacopoulos): Preventing Risks and Responding to Natural Disasters in Byzantine Cities: The Textual Evidence, in: S. Tanou (ed.), *Mo.Na: Monuments in Nature: A Creative Co-Existence, Proceedings of the international conference Athens, July 7-9, 2021*, Thessaloniki 2022, 60–73.
- (in collaboration with F. Evangelatou-Notara) "Not even a band on my finger? Rings of non-elite women," in: S. Germanidou (ed.) *Secular Byzantine Women: Unheard Voices (the 'Work')*, Routledge 2021, 45-79.
- «Ζῶα εκτροφῆς, οικόσιτα και νομαδικά, μελίσσια, αλιεύματα και θηράματα: αρχαικό υλικό και επιστολές (9ος–15ος αι.)» Published on the website of Αναβαθμίσ – Ήμερη και άγρια πανίδα στον ελλαδικό χώρο (7ος–14ος αι.), Institute of Historical Research, National Hellenic Research Foundation

(IHR/NHRF). Available at: <https://fauna.anavathmis.eu/αρθρα/> (accessed 5.30.2025).

- “Ἐγράφη δι’ ἐξόδου καὶ σπουδῆς καὶ ἀγάπης θέλοντος κτήσασθαι τοῦτο... νῦν δὲ προστίθεται καὶ ἀφιεροῦται: Donating books in Byzantium (9th -15th c.),” in: G. Kakavas (ed.), *Institution of Sponsorship from Ancient to Modern times, Proceedings of International Scientific Conference Amphitheatre “Stephanos Dragoumis” Museum of Byzantine Culture Thessaloniki, February 7-8 2014*, Norwegian Institute at Athens 2018, 167–182.
- “The 12th century physical landscape and climate of Bulgaria: the case of Gregorios Antiochos,” *Bulgaria Mediaevalis* 3 (2012), 95-107.
- “Οἱ ἀνέκδοτες κατηγήσεις τοῦ Μιχαήλ Χωνιάτη, χρονολόγηση καὶ ιστορική προσέγγιση”, *Byzantina Symmeikta* 20 (2010), 39-66.